

Fig

Fig (Latin: Ficus carica) is considered to be the first plant whose fruits are used in nutrition. Her natural environment is the Mediterranean and is therefore also domesticated in our area. Delicious figs fruits ripen in mid-August when eaten fresh, and if we want to preserve them for all year round use, we conserve them with the oldest known way - by drying. Dried fruits of figs are highly valued today, and along our coast from dried figs are prepared, since ancient times, known delicacies like jam, smokvenjak (cake with figs), hib (flatbread with figs) and fig brandy.

